



KINDNESS KITS

FEMALE ADULT & TEEN KIT: shampoo, conditioner, bodywash, body lotion, toothpaste, toothbrush, deodorant, sanitary items, scrunchie or facecloth, towel, razors, shaving cream, thongs, socks and pants, hairbrush. *The only difference between adult & teen is age-appropriate items.*

MALE ADULT & TEEN KIT: shampoo, conditioner, bodywash, body lotion (3-in-1 or 5-in-1 are great options), toothpaste, toothbrush, deodorant, facecloth, towel razors, shaving cream, thongs, socks and pants, comb. *The only difference between adult & teen is age-appropriate items.*

For our Domestic Violence kits (male and female) – we add a t-shirt and a pair of pyjamas.

As a special extra for our adult and teenage female kindness kits, we like to include a **PAMPER KIT** consisting of small items such as: facemask, lip-balm, nail polish, lipstick, emery board, perfume or body spray, hair ties, or moisturiser, which will fit easily into a small toiletry/make-up bag.

FAMILY KIT: same as for the adult kits but larger sizes and multiple items; for example: 1 litre size liquids, multipacks of toothbrushes, 5 facecloths/scrunchies, 5 towels, etc.

KIDS KIT: child-appropriate toiletries in a backpack, hairbrush, socks, underwear, plus a cuddly item and a book or small toy to occupy them for a little while.

NEW-BORN BABY KIT: New-born nappies, dummy, wet-wipes, nappy-sacks, nappy-rash cream, cuddly toy, book, baby shampoo, bodywash and lotion, towel and facecloth, cotton wrap, hairbrush, feeding bottles, outfit, singlet, or onesies.



LAUNDRY KIT: laundry basket, bucket, dustpan and brush, pegs, towels, laundry detergent, stain remover, spray & wipe, dishcloths, scourer, washing-up liquid, tea-towels.

SINGLE USE SHOWER KIT: hotel/travel size toiletries – shampoo, conditioner, bodywash or soap, body lotion, toothbrush, toothpaste, razor.

We ask that all items are **NEW** (please check expiry dates), and **UNOPENED** to keep everyone safe and to ensure the recipients feel the respect with which the donation is intended.

Posters are available, please email: admin@dandelionswa.org.au

Thank you for joining us in...

Spreading Kindness - Growing Hope